



Deep sub-Doppler cooling of Mg by light with elliptical polarization

Abstract: We study magneto-optical trap of ^{24}Mg atoms operating on the closed triplet $^3\text{P}_2 \rightarrow ^3\text{D}_3$ ($\lambda = 383.3$ nm). We show the well-known light filed configuration does not allow to reach deep sub-Doppler cooling temperatures. It was considered a cooling in light field formed by light waves with elliptical polarization (ε - θ - ε^* configuration). This configuration offers 10 times lower cooling temperatures then conventional σ_+ - σ_- MOT. Magnetic field and light field parameters for stable MOT working are discussed here.

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Institute of Laser Physics, Novosibirsk, 2016

Laser cooling of Mg

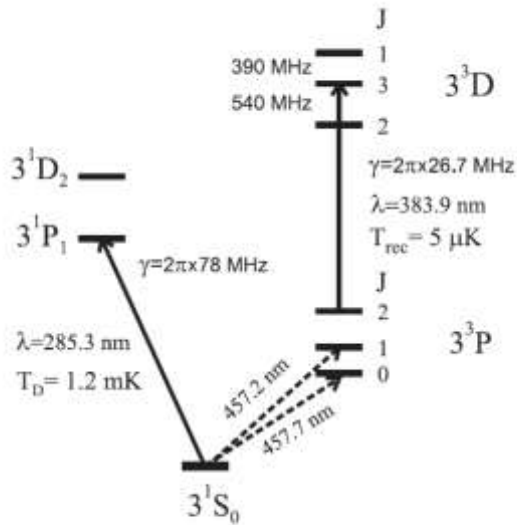


FIG. 1. Partial energy diagram of ^{24}Mg atom. Solid lines denote the cooling transitions with corresponding temperature limits, while dashed lines denote possible “clock” transitions, which can be used for laser stabilizing.

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Atom	λ_{cl}	λ_m	BBR shift
Sr	698.5	813.5 [12]	-5.5×10^{-15} [41]
Yb	578.4	759.4 [21, 23]	-2.6×10^{-15} [41]
Ca	659.7	735.5 [24]	-2.6×10^{-15} [41]
Mg	457.7	≈ 468 [40]	-3.9×10^{-16} [41]
Hg	265.6	362.6 [26]	-2.4×10^{-16} [42, 43]

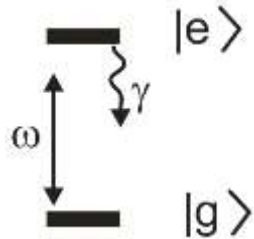
M. Riedmann, H. Kelkar, T. Wubbena, A. Pape, A. Kulosa, K. Zipfel, D. Fim, S. Ruhmann, J. Friebe, W. Ertmer, and E. Rasel, **PRA** **86**, 043416 (2012)

T-MOT temperature = 1mK above Doppler limit !

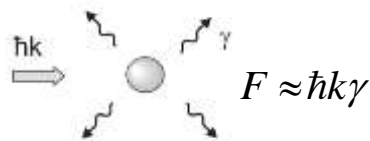


Basic mechanism of laser cooling

1) Two-level model



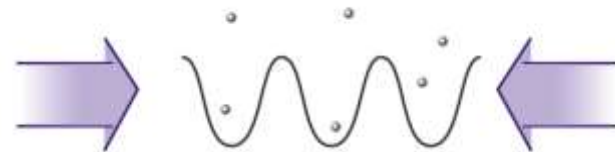
radiation pressure for moving atom



Doppler cooling

$$k_B T_D \approx \hbar \gamma / 2$$

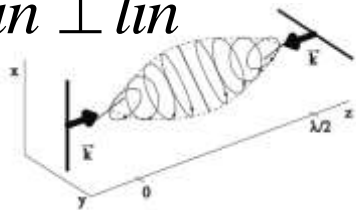
dipole force



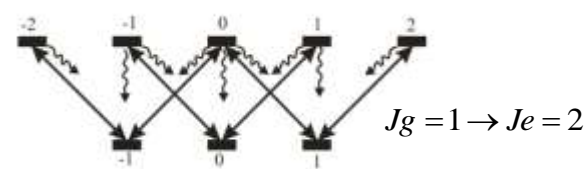
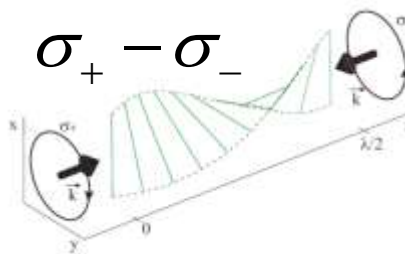
optical potential

2) polarization effects

$lin \perp lin$



sub-doppler laser cooling

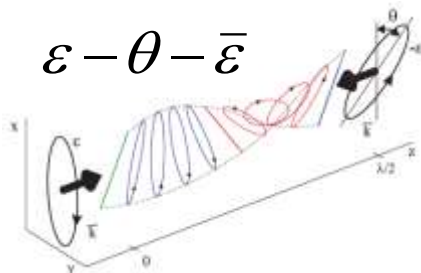


J. Dalibard and C. Cohen-Tannoudji, J. Opt. Soc. Am. B (1989).

3) light fields with elliptical polarization

"anomalous" sub-Doppler cooling effects

$\varepsilon - \theta - \bar{\varepsilon}$



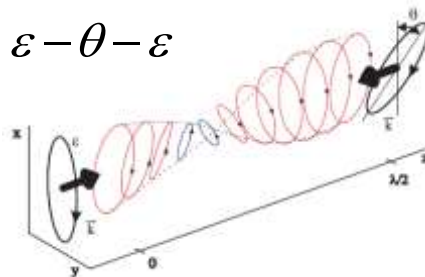
$j_g = 1/2 \rightarrow j_e = 3/2$

$$\langle \xi_n \rangle = \hbar k^2 \delta \frac{3 \sin^2 \theta \cos^2(2\varepsilon_0)}{[1 - \cos^2 \theta \cos^2(2\varepsilon_0)]^{3/2}}$$

$$\langle \xi_o \rangle = -\hbar k^2 \frac{3 \sin \theta \cos \theta \sin(2\varepsilon_0) \cos^2(2\varepsilon_0)}{[1 - \cos^2 \theta \cos^2(2\varepsilon_0)]^{3/2}}$$

rectification of dipole force

$\varepsilon - \theta - \varepsilon$



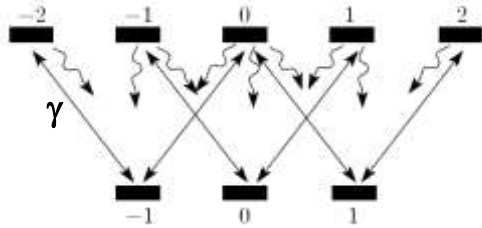
$$\langle F \rangle \neq 0$$

$$\langle F \rangle(\varepsilon_0 = 0, \theta) = 0$$

- O.N. Prudnikov, A. V. Taichenachev, A. M. Tumaikin and V. I. Yudin, *Kinetics of atoms in the field produced by elliptically polarized waves*, JETP vol.98, pp. 438-454, (2004)
- A.V. Bezverbyni, O.N. Prudnikov, A.V. Taichenachev, A.M. Tumaikin, V.I. Yudin *The light pressure force and the friction and diffusion coefficients for atoms in a resonant nonuniformly polarized laser field* JETP v.96, pp. 383-401, (2003)
- O.N. Prudnikov, A.V. Taichenachev, A.M. Tumaikin, V.I. Yudin *Rectification of the dipole force in a monochromatic field created by elliptically polarized waves* JETP vol.93, pp.63-70 (2001)

Kinetics of atoms in light fields

example: optical transition 1 → 2



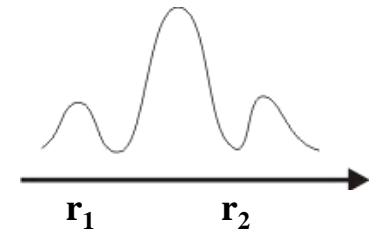
Two coordinate density matrix

$\hat{\rho}(z_1, z_2)$ Coordinate representation

$\hat{\rho}(p_1, p_2)$ Momentum representation

$$\hat{\rho}(r, p) = \int \frac{d^3r'}{(2\pi\hbar)^3} \hat{\rho}(r+q/2, r-q/2) \exp(-i p \cdot q/\hbar)$$

$$= \int \frac{d^3u}{(2\pi\hbar)^3} \hat{\rho}(p+u/2, p-u/2) \exp(i r \cdot u/\hbar)$$



$$r = (r_2 + r_1)/2, q = r_1 - r_2$$

$$\frac{d}{dt} \hat{\rho} = -\frac{i}{\hbar} [\hat{H}, \hat{\rho}] - \hat{\Gamma} \{ \hat{\rho} \} \quad \hat{\rho} = \begin{pmatrix} \hat{\rho}^{ee} & \hat{\rho}^{eg} \\ \hat{\rho}^{ge} & \hat{\rho}^{gg} \end{pmatrix}$$

$$\frac{d}{dt} \hat{\rho}^{gg} = -\frac{i}{\hbar} [\hat{H}_{eff}, \hat{\rho}^{gg}] - \hat{\gamma} \{ \hat{\rho}^{gg} \} \quad \text{for } S = |\Omega|^2/(\gamma^2/2 + \delta^2) \ll 1$$

O. N. Prudnikov, et.al.,
JETP v.112, pp.939-945 (2011)

Semiclassical approach

Fokker-Plank equation

$$\left(\frac{\partial}{\partial t} + \sum_i \frac{p_i}{m} \nabla_i \right) W = -\sum_i \frac{\partial}{\partial p_i} F_i(\vec{r}, \vec{p}) W + \sum_{ij} \frac{\partial^2}{\partial p_i \partial p_j} D_{ij}(\vec{r}, \vec{p}) W$$

$$W(r, p) = Tr\{\hat{\rho}(r, p)\}$$

approximations: $\epsilon_R = \frac{E_R}{\hbar\gamma} \ll 1 \quad \Delta p / \hbar k \ll 1$

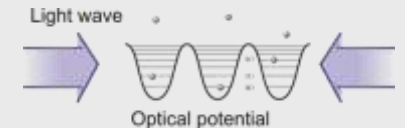
Quantum approaches

- quantum Monte-Carlo wave-function method
[J. Dalibard, et.al. PRL 68, 580 (1992)]

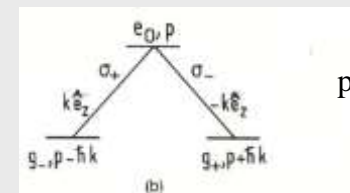
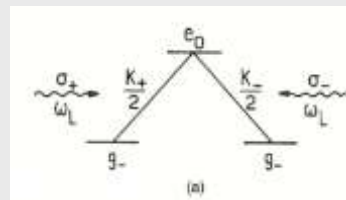
- Band theory (cooling in optical potential)
[Y. Castin, et.al. Europhys. Lett.14, 761 (1991)]

- cooling in σ_+ - σ_- field [A. Aspect, et.al. PRL 61, 826 (1988)].

$$\Psi \rightarrow \Psi'$$



$$\frac{\omega_{\text{osc}}}{\gamma_0} = \sqrt{\frac{27\hbar k^2 |\delta|}{M g_0 \Gamma^2}} = 6 \frac{|\delta|}{\Gamma} \sqrt{\frac{E_R}{U_0}} \gg 1,$$



p-family approaches

Generalized continuous fraction method for density matrix equation

Atom-laser interaction part of Hamiltonian can be expressed as sum of two parts from opposite lighth waves.

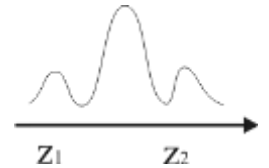
$$\hat{V} = \hat{V}_1 e^{ikz} + \hat{V}_2 e^{-ikz} \quad \hat{\rho}(z, q) = \sum_n \hat{\rho}^{(n)}(q) e^{ikz}$$

Density matrix equation in coordinate representation takes the following form for spatial harmonics $\rho^{(n)}$:

$$\frac{d}{dt} \hat{\rho} = -\frac{i}{\hbar} [\hat{H}, \hat{\rho}] - \hat{\Gamma} \{ \hat{\rho} \} \implies \frac{d}{dt} \hat{\rho}^{(n)} - n \frac{i}{M} \frac{\partial}{\partial q} \hat{\rho}^{(n)} = \hat{L}_0 \{ \hat{\rho}^{(n)} \} + \hat{L}_+ \{ \hat{\rho}^{(n-1)} \} + \hat{L}_- \{ \hat{\rho}^{(n+1)} \}$$

1. We assume that the spatial coherence of density matrix is damped at enough large distance q_{\max} we consider the spatial interval $[-q_{\max}, q_{\max}]$ and make a mesh with discrete points q_i (total N_q points). On the mesh we define derivative $\rho^{(n)}$ in standard form:

$$\frac{\partial}{\partial q} \hat{\rho}_{q_i} \approx \frac{1}{2\Delta q} (\hat{\rho}_{q_{i+1}} - \hat{\rho}_{q_{i-1}})$$



2. The equation can be written in Liouville representation with Liouville operators L_0, L_+, L_- and density matrix in Liouville form:

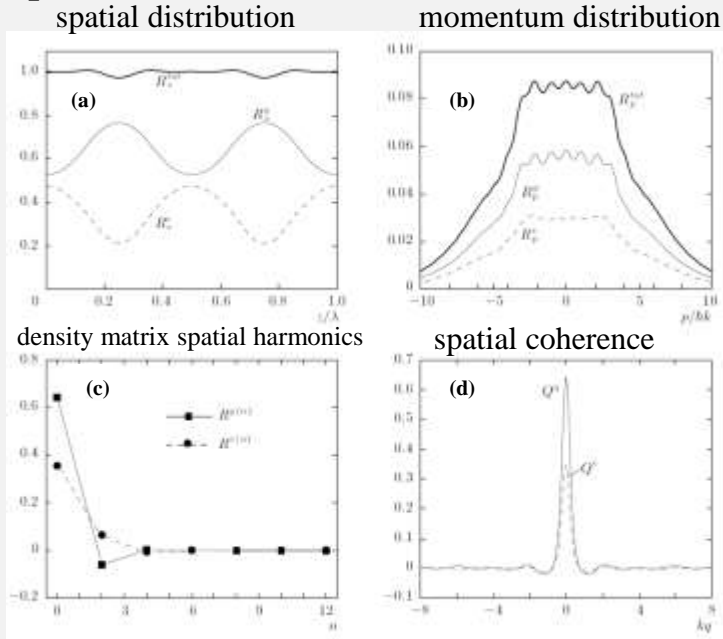
$$\hat{\rho}_{q_i} \rightarrow \vec{\rho}_{q_i} = \begin{pmatrix} \cdot \\ \rho_{\mu_e, \mu'_e; q_i}^{ee} \\ \rho_{\mu_e, \mu'_g; q_i}^{eg} \\ \rho_{m_g, \mu'_e; q_i}^{ge} \\ \rho_{m_g, m'_g; q_i}^{gg} \\ \cdot \end{pmatrix}$$

$$\frac{d}{dt} \vec{\rho}^{(n)} + n \frac{i}{M} G \cdot \vec{\rho}^{(n)} = L_+ \cdot \vec{\rho}^{(n-1)} + L_0 \cdot \vec{\rho}^{(n)} + L_- \cdot \vec{\rho}^{(n+1)}$$

Example: For the case of optical transition $1/2 \rightarrow 3/2$ the vector ρ contains $18 \times N_q$ elements, for the case of $1 \rightarrow 2$ it contains $34 \times N_q$ elements.

Solution of density matrix equation

Example 1



Density matrix spatial (a) and momentum (b) distributions for atoms with $Jg=1/2 \rightarrow Jg=3/2$ optical transition in standing wave with linear polarization ($\delta = -\gamma/2$, $\Omega = \gamma$, $\omega_R = 0.1\gamma$).

Density matrix spatial harmonics of the ground $R^{(g(n))}$ and excited state $R^{(e(n))}$ (c).

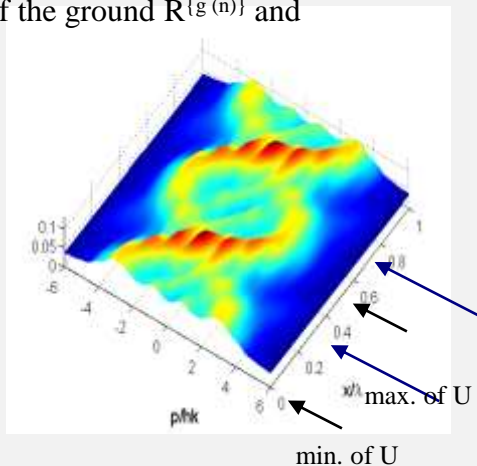
$$R^{e(n)} = \text{Tr}\{\hat{\rho}^{ee(n)}(q=0)\}$$

$$R^{g(n)} = \text{Tr}\{\hat{\rho}^{gg(n)}(q=0)\}$$

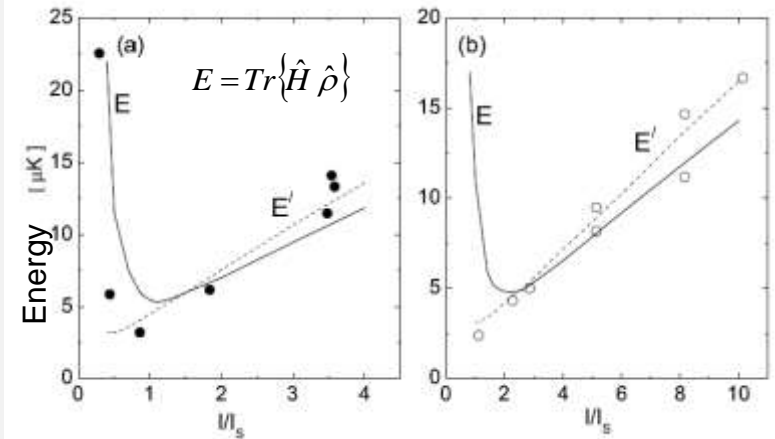
Spatial coherence functions for the ground Q^g and excited state Q^e (d).

$$Q^e(q) = \text{Tr}\{\hat{\rho}^{ee(n=0)}(q)\}$$

$$Q^g(q) = \text{Tr}\{\hat{\rho}^{gg(n=0)}(q)\}$$



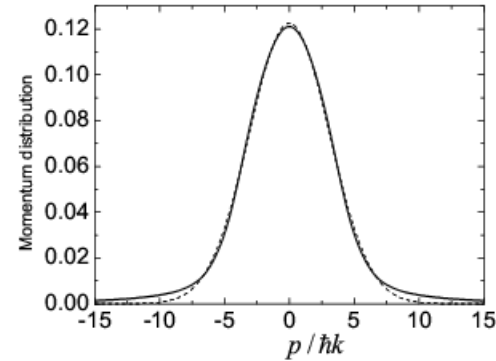
Example 2



Energy of ^{85}Rb atoms in lin \perp lin field

($5S_{1/2}$ ($F=3$) \rightarrow $5P_{3/2}$ ($F'=4$)).

The black and white dots represents the temperature measurements results [P. S. Jessen, et.al., Phys. Rev. Lett. **69**, 49 (1992)]



Momentum distribution (solid line), and Gaussian approximation (dashed line).

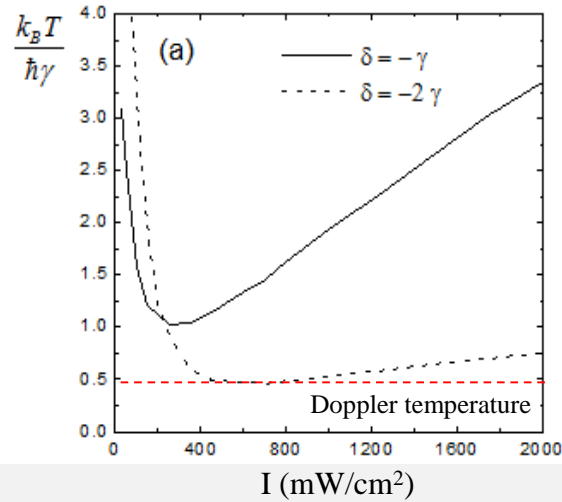
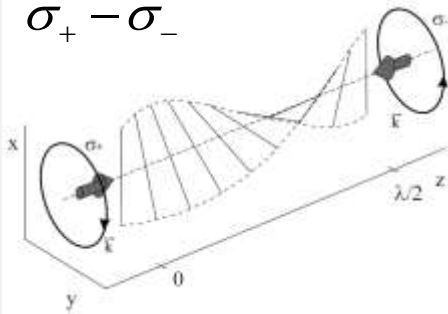
$I/I_s = 1.4$, $\delta = -8\gamma$

$$F(p) \approx e^{-\frac{p^2}{2mT}}$$

Sub-Doppler cooling of ^{24}Mg : quantum approach

laser cooling in $\sigma_+ - \sigma_-$ field

$$T = \hbar\gamma \approx 1.28\text{mK}$$

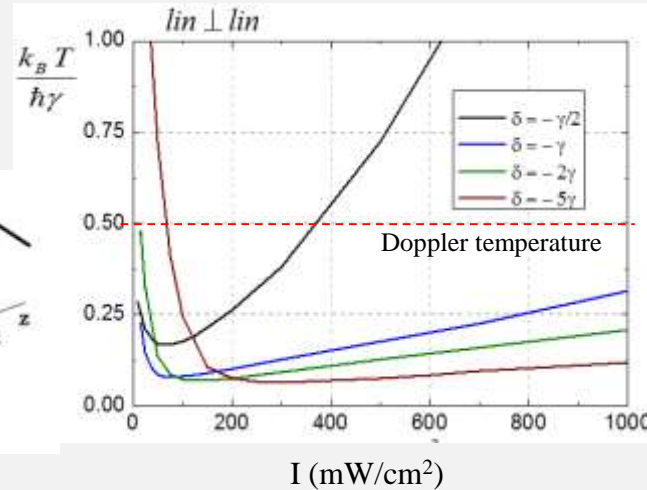
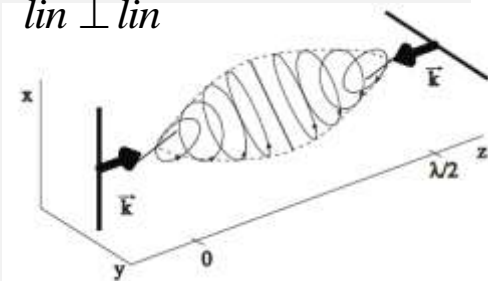


δ/γ	$k_B T [\hbar\gamma]$	$I \text{ (mW/cm}^2\text{)}$
-0.5	1.53	250
-1	1.02	260
-2	0.46	700
-5	0.23	1000

Fig. Optimal parameters of intensity and minimum temperature for cooling in $\sigma_+ - \sigma_-$ field

laser cooling in lin \perp lin field

lin \perp lin



δ/γ	$k_B T [\hbar\gamma]$	$I \text{ (mW/cm}^2\text{)}$
-0.5	0.167	70
-1	0.078	80
-2	0.070	150
-5	0.064	300

Fig. Optimal parameters of intensity and minimum temperature for cooling in lin \perp lin field

lin \perp lin configuration can't be used for cooling in MOT!

Sub-Doppler cooling conditions

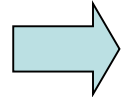
for $S = |\Omega|^2/(\gamma^2/2+\delta^2) \ll 1$

Sub-Doppler temperature

$$T = \frac{\langle p^2 \rangle}{M} = -\frac{\langle D^{(0)} \rangle_z}{\langle \xi_s \rangle_z} = \hbar\gamma \beta(\delta/\gamma) S$$

slow atom approach:

$$p < \gamma M S / k$$



$$\frac{\hbar k^2}{M \gamma} \beta(\delta/\gamma) < S$$

$$\epsilon_R = \frac{\hbar k^2}{\gamma 2M}$$

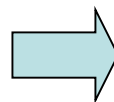
negligible
in semiclassical
approach

What happens for non negligible ϵ_R ?

$$\epsilon_R = \frac{1}{2\tilde{M}}$$

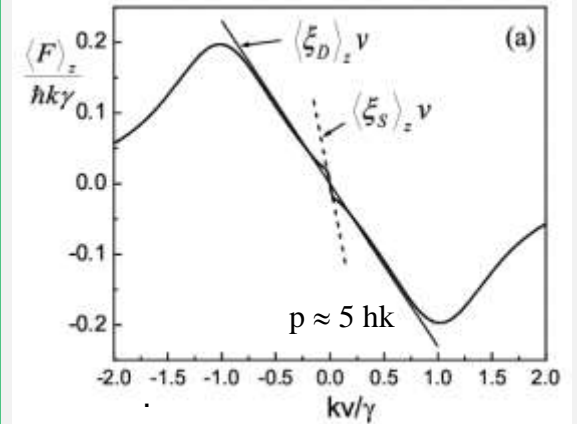
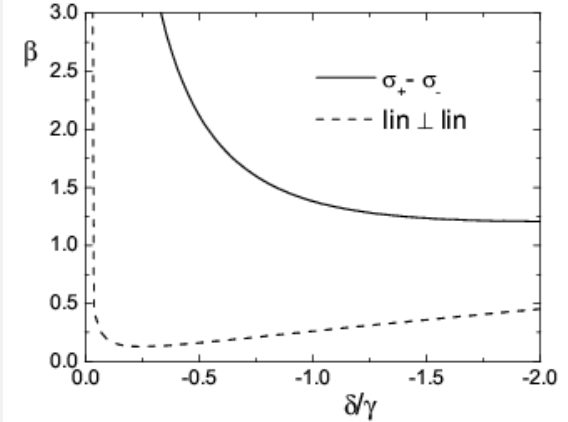
	optical transition	Is [mW/cm ²]	λ [nm]	\tilde{M}
⁷ Li	2 ² S _{1/2} → 2 ² P _{3/2}	2.56	671	46
²³ Na	3 ² S _{1/2} → 3 ² P _{3/2}	6.34	589	198
³⁹ K	4 ² S _{1/2} → 4 ² P _{3/2}	1.81	766	358
⁸⁵ Rb	5 ² S _{1/2} → 5 ² P _{3/2}	1.63	780	770
¹³³ Cs	6 ² S _{1/2} → 6 ² P _{3/2}	1.06	852.3	1270
⁵² Cr	4 ⁷ S ₃ → 4 ⁷ P ₃	8.49	425.6	115
²⁷ Al	3p ² P _{3/2} → 3d ² D _{5/2}	57	309.4	85
⁶⁹ Ga	4p ² P _{3/2} → 4d ² D _{5/2}	127	294.4	382
¹¹⁵ In	5p ² P _{3/2} → 5d ² D _{5/2}	78	325.7	634
¹⁰⁷ Ag	5 ² S _{1/2} → 5 ² P _{3/2}	76.8	328	601
²⁴ Mg	3 ³ P ₂ → 3 ³ D ₃	61.7	383.9	238

- 1) violation of slow atom approach
- 2) range of sub-Doppler force might be few recoil momentum.



atom may not "see" sub-Doppler force!

$\beta(\delta/\gamma)$ function for atoms
with 2→3 optical transition



Sub-Doppler cooling of ^{24}Mg in MOT

No trapping force in $\text{lin}\perp\text{lin}$ field!

$$\hbar\gamma \approx 1.28\text{mK}$$

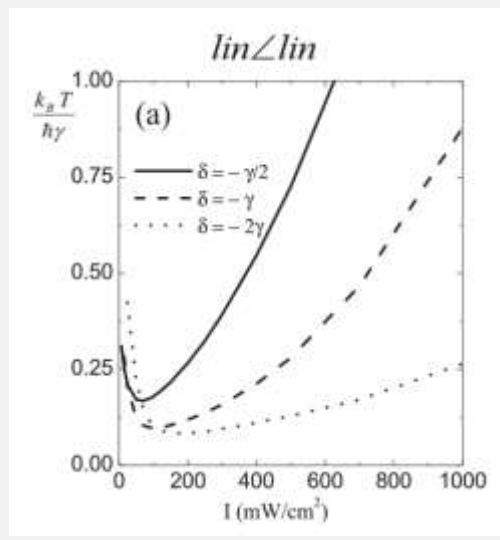
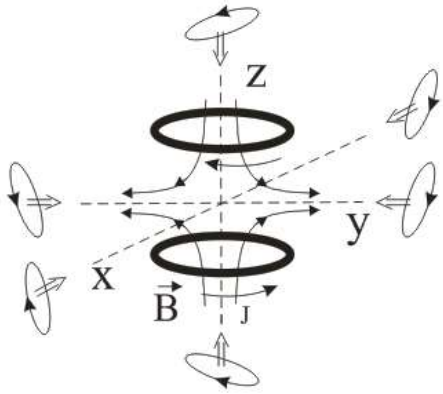


Fig. Temperature of laser cooling of ^{24}Mg in $\text{lin}\text{-}\theta\text{-lin}$ field ($\theta = -\pi/4$)

δ/γ	$k_B T$ [$\hbar\gamma$]	I (mW/cm^2)
-0.5	0.168	70
-1	0.097	100
-2	0.083	200
-5	0.080	400

Fig. Optimal intensity and minimum temperature in $\text{lin}\text{-}\theta\text{-lin}$ field ($\theta = -\pi/4$)

$\varepsilon\text{-}\theta\text{-}\varepsilon^*$ field

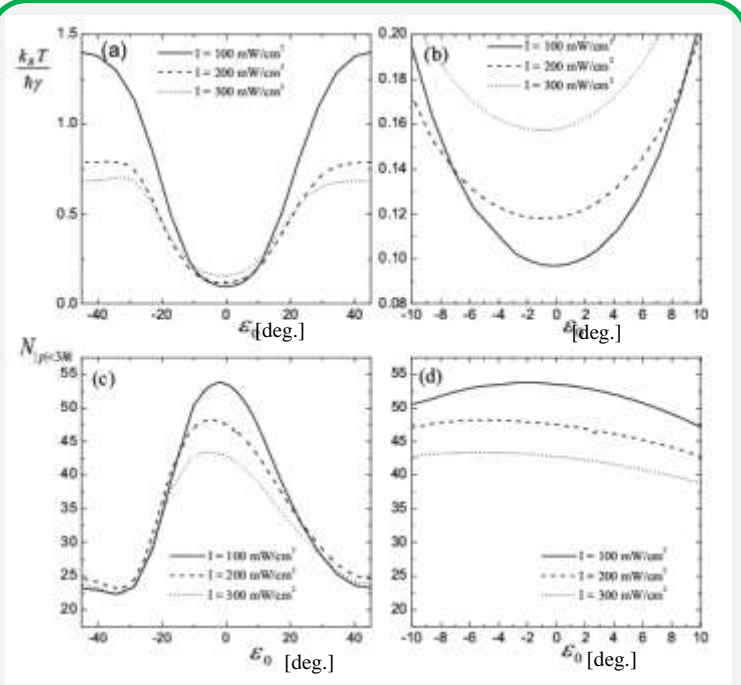
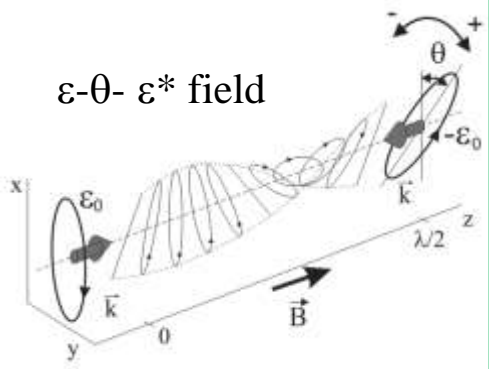


Fig. Temperature of laser cooling of ^{24}Mg in $\varepsilon\text{-}\theta\text{-}\varepsilon^*$ field ($\theta = -\pi/4$, $\delta = -\gamma$) and fraction of atoms with $|p| < 3\hbar k$.

I [mW/cm^2]	100	200	300
ε_0 [deg.]	-0.28	-0.86	-1.15
T [$\hbar\gamma$]	0.097	0.118	0.157
ε_0 [deg.]	-2	-5.16	-5.16
$N_{ p <3hk}$ [%]	53.7	48.2	43.4

Fig. Optimal ellipticity and minimum temperature for different intensity in $\varepsilon\text{-}\theta\text{-}\varepsilon$ field ($\theta = -\pi/4$).

Magneto-optical potential for ^{24}Mg in ε - θ - ε^* MOT

assuming linear growth of magnetic field in trapping zone

$$U^{(H)} = -\frac{R_W}{\Omega_H(R_W)} \int_0^{\Omega_H(R_W)} \langle F^{(H)}(v=0, \Omega_H) \rangle d\Omega_H$$

$$\Omega_H/\gamma = 1 \quad (H = 12.7 \text{ Gs})$$

$\sigma_+ - \sigma_-$

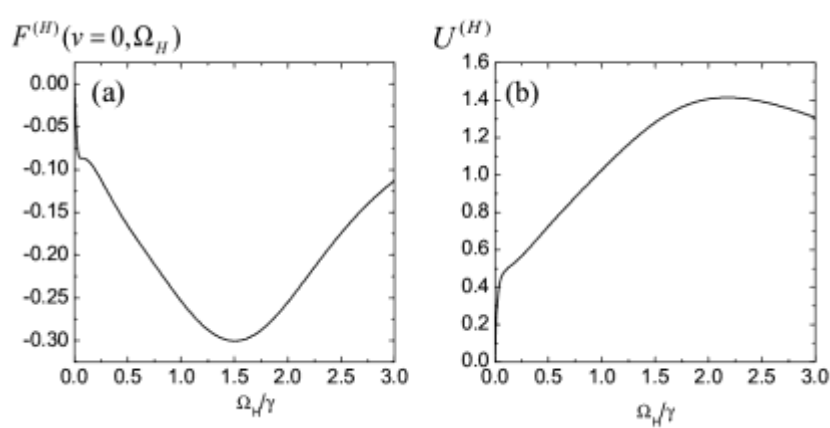


Fig. Force in $\hbar\gamma$ units and magneto-optical potential in $\hbar\gamma R_W/\lambda$ units (R_W is beam radius) as function of Zeeman splitting on MOT edge in $\sigma_+ - \sigma_-$ MOT. ($I = 100\text{mW/cm}^2$, $\delta = -\gamma$)

R_W is radius of light beams forming the MOT

ε - θ - ε^*

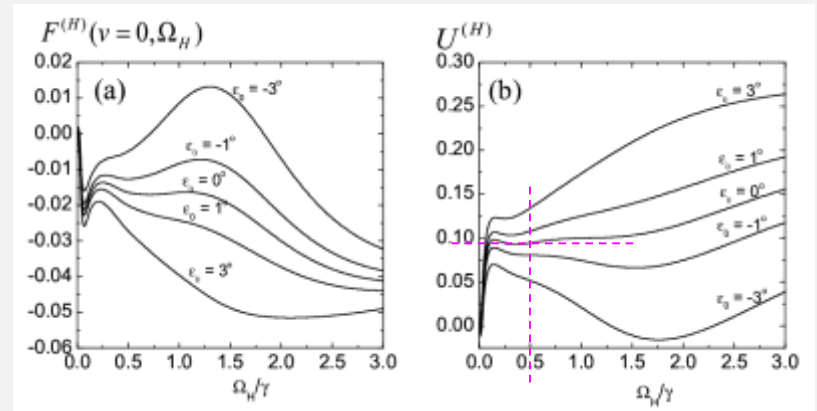


Fig. Force in $\hbar\gamma$ units and magneto-optical potential in $\hbar\gamma R_W/\lambda$ units (R_W is beam radius) as function of Zeeman splitting on MOT edge in ε - θ - ε^* MOT. ($I = 100\text{mW/cm}^2$, $\delta = -\gamma$)

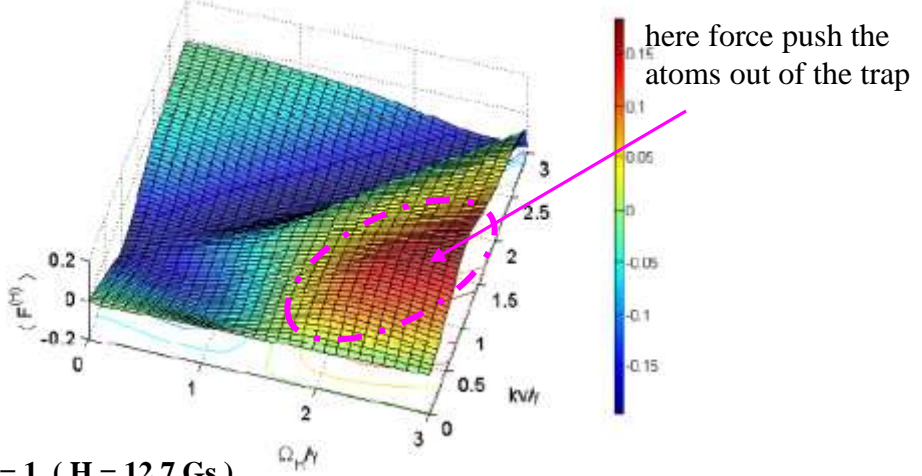
Estimation: $R_W = 0.5 \text{ cm}$,
for magnetic field gradient $\partial_z H = 12.7 \text{ Gs/cm}$
($\Omega_H/\gamma = 0.5 \text{ Gs}$ at edge),
the MOT depth $U^{(H)} = 0.094 \hbar\gamma R_W/\lambda \approx 1.56\text{K}$ that much
exceed sub-Doppler cooling temperature $T \approx 125 \mu\text{K}$.

Magneto-optical force for trapping in ϵ - θ - ϵ^* MOT

Trap should be stable for moving atom as well.

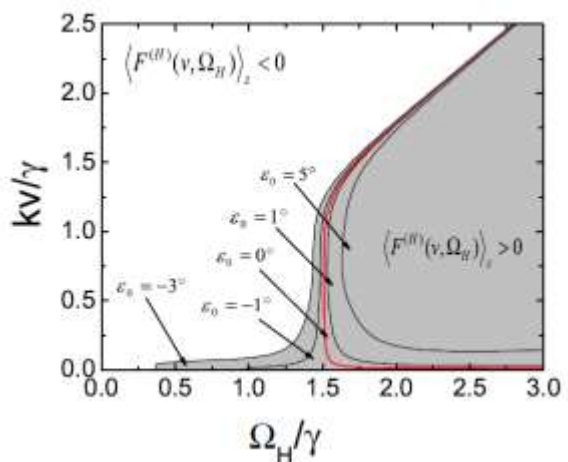
Magneto-optical force as function of atoms velocity and magnetic field.

(lin- θ -lin field configuration with $\theta = -\pi/4$, $\delta = -\gamma$, $I = 100 \text{ mW/cm}^2$)



$\Omega_H/\gamma = 1$ (H = 12.7 Gs)

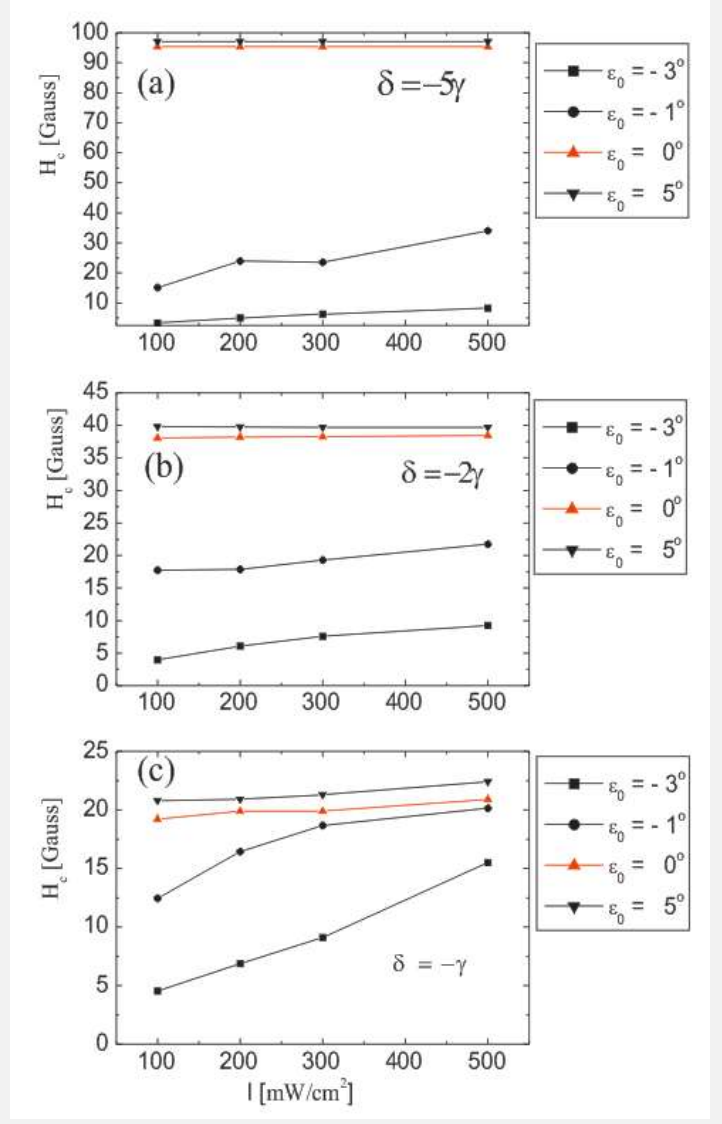
Magneto-optical force trapping zone for ϵ - θ - ϵ^* MOT ($\theta = -\pi/4$, $\delta = -\gamma$, $I = 100 \text{ mW/cm}^2$)



Number of trapped atom $N_c \sim v_c^4$
 [C. Monroe, et.al. PRL. 65, 1571 (1990)]

$v_c > 3.5k/\gamma$ results $N_c \sim 10^7 - 10^8$ at.

Critical magnetic field for stable ϵ - θ - ϵ^* MOT



Results

1. Quantum recoil effects resulting sub-Doppler cooling are not efficient for cooling of ^{24}Mg on $^3\text{P}_2$ - $^3\text{D}_3$ in σ_+ - σ_- field configuration.
2. For deep sub-Doppler cooling $\text{lin}\perp\text{lin}$ configuration can be used.
(Can't be used for MOT!)
3. For deep sup-Doppler cooling in MOT ε - θ - ε^* light field configuration can be used.
 - enough deep magneto-optical potential
 - for stable MOT magnetic field should not exceed critical values in trapping zone.
 - positive small ellipticities ($\varepsilon < 5$ deg.) of light waves forming the MOT are preferred to increase much the critical values for magnetic field.

Ellipticity parameter

